

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*In the name of God, Most Gracious, Most Merciful*

# Submitters Perspective

Monthly Bulletin of International  
Community of Submitters

[www.masjiduntucson.org](http://www.masjiduntucson.org)



Published by Masjid Tucson  
Shawwal 1445

All Rights Reserved

## The World Must Choose AI

God gave humans intelligence to invent tools to serve them. Till about 15 decades ago, the tools were physical tools. Then God guided people to invent electronic and digital tools.

A digital tool that is growing in use today is Artificial Intelligence (AI). It aims to make computers simulate human thinking to give people “smart choices” to do things faster and better. It works by sourcing existing information or “data” and then processing that data to produce the smart choices. The choices may be suggestions, answers to questions, or predictions.

In relation to the Internet, this is a more advanced way to get and use information. The Internet shows you information that is available from your search query but does not tell you what to choose. You must read through all the information yourself and decide what to choose.

With AI you don’t need to search through a lot of information. The AI computers read and process the information that’s available, then give you a set of options you can choose from. If you go by this ‘easy to get and decide’

method of using information, then AI will save you time and effort.

### The limitations of AI

- AI does not know if the data it used was poor or incorrect. If the data it used was poor or incorrect, then it will present poor or incorrect choices. Users may not know what is right or wrong. They may assume that the choices are all good to consider because they are from a ‘source of smart information.’
- AI cannot guarantee the results of following the choices it gives. It also cannot guarantee that its predictions will happen. Here too, some users may not realize this and make choices without thought, which could lead to disappointment later.

### Should the world use Artificial Intelligence (AI)?

If AI helps people do things faster and better, there is no reason they shouldn’t use it. As with all tools, they must understand the purpose of the tools they want to use and know the benefits and risks of using them.

AI may not always help people do things faster and better, so they must

be careful when choosing from the options AI gives them. AI can also mislead in some matters. A specific matter in which it is quite misleading at present is God and His religion. God and His religion are the most important things everyone must have the correct information about. After they have that correct information, they must also follow it in their interest.

At present, AI gives out many incorrect choices about God and His religion.

It is not AI’s fault because it is giving from what it is drawing on and does not know if it is wrong. So the problem is with the data source itself, which is

- The many wrong ways in which people are following God’s religion/ scriptures
- The many wrong opinions people have and advocate about God, creation, life, death, the Hereafter, and religion.

If people want the correct information about God and His religion, they must get it from the source of “**Absolute Intelligence.**” That source of absolute

*(Continued on page 2)*

(Continued from page 1)

intelligence is the Quran, God's scripture for the world.

The Quran is God's direct message to humankind, so there is nothing artificial about it. It is the source of absolute intelligence because it is from God, the One and only GOD, the Absolute God. As God is absolute, everything from Him is absolute.

*Only God Can Author the Quran [10:37] This Quran could not possibly be authored by other than GOD. It confirms all previous messages, and provides a fully detailed scripture. It is infallible; for it comes from the Lord of the universe.*

### What Absolute Intelligence, or "True AI" does the Quran contain?

(1) The Quran has the answers to people's most urgent questions about God, creation, purpose of life, death, the Hereafter, and religion.

There are correct answers to each of these questions and those are what the Quran gives you. Artificial Intelligence gives you a choice of answers because its data is from many sources. It also cannot tell you the correct answer to choose because it does not know which—if any—is the correct one.

(2) The Quran has a complete system to follow so people can

- live a happy life on Earth
- go to Heaven after they die
- make the world a place of peace, security, and prosperity

The religion in the Quran is perfect. God also guarantees that people will get the results stated above, IF they follow the religion the way He has described it. They cannot follow only a part of it or along with their opinion.

(3) The Quran has its own built-in proof so people can be sure that

- the Quran is from God, not a human-made scripture or 'artificial intelligence'

- every word in the Quran is God's intact message to the world
- When people are sure that the Quran is from God, they will also be sure they are following the truth, because God only speaks the truth.

### You can help people choose and use the AI they need

People will always want to know about God and religion. Within them, Islam will be a major subject of interest. The Internet is the first source of information for most people now, and Artificial Intelligence is playing a greater role every day.

There is plenty of information against Islam and in favor of Islam. The problem is that most of the information advocating Islam is wrong.

- It directs people to the Hadith books instead of the source of Absolute Intelligence, the Quran, God's scripture for the world (AI:QGSW).
- It shows people how to follow an idolatrous version of Islam.
- Also, most of the information is about using the words Islam and Muslim and adopting the culture of traditional Muslims. It does not talk about 'Submission' and 'being Submitters,' or tell people they do not need to change their culture.

If you would like to help the world know the truth, here are two ways you can from the comfort of your home.

#### 1. Create and distribute more true information

The urgent need is for the Internet and AI computers to have more true information in the pool of information they draw from. For that, you can create and distribute more content. Keep it as original, relevant, and engaging as you can. Internet and AI computers are more likely to pick up your content when they see how smart and logical it is.

#### 2. Replace the artificial human (robot) with a living human

A major way people are using Artificial Intelligence is by 'chatting' with

AI robots. These robots simulate human dialogue and can have a powerful influence over people because they

- appear knowledgeable by giving so many answers
- sound like humans in their human-like speaking style.

These human-made robots may seem smart and concerned, but that's no big deal. They cannot be you or replace you, the God-made human who has real intelligence! You can replace the AI robots and outclass them with the truth you can tell the world.

When you engage with people, keep in mind that:

- People don't want your knowledge because they can get that for themselves. They want your wisdom to show them how to apply their knowledge. You can understand their specific needs and guide them from your experience of practicing the truth.
- AI robots can show sincere concern but can't offer physical help. You can show concern, plus patience, and offer physical help. Also, AI robots don't care what people choose, how people act on those choices, or the result of what people choose.

Kais

\* \* \* \* \*

## Kindness

[90:11] He should choose the difficult path. [90:12] Which one is the difficult path? [90:13] The freeing of slaves. [90:14] Feeding, during the time of hardship. [90:15] Orphans who are related. [90:16] Or the poor who is in need. [90:17] And being one of those who believe, and exhorting one another to be steadfast, and exhorting one another to be kind. [90:18] These have deserved happiness.

As believers, we are told to exhort one another to be kind. Logically, we too

(Continued on page 3)

(Continued from page 2)

should be kind. We don't want to fall under: [2:44] *Do you exhort the people to be righteous, while forgetting yourselves, though you read the scripture? Do you not understand?*

We also have good examples of kind people in the Quran: Abraham is described as being "extremely kind" (11:75), and John as one endowed with "kindness" (19:13).

So, what does kindness mean? We all have some idea about it. Different dictionaries define it in slightly different (but generally similar) ways:

"of a sympathetic or helpful nature"  
www.merriam-webster.com

"generous, helpful, and thinking about other people's feelings"  
dictionary.cambridge.org

"Kindness is a type of behavior marked by acts of generosity, consideration, or concern for others, without expecting praise or reward."  
wikipedia.org/wiki/Kindness

Based on these definitions, God is the Most Kind, Most Merciful! He gave us this chance when no one else would. He gives every human being this planet with fresh air, water and all these resources and provisions. Our hearing, eyesight and brains. And rarely are we appreciative. While we can never ever compare to God, God willing, we can try to be kind.

We can be helpful, generous, sympathetic, considerate, do good to others without expecting any reward.

God says to be kind to our parents (Quran 17:24). Also, we are to be kind when helping orphans (Quran 4:5) and more generally when being charitable (Quran 2:263, 24:22). With charity, we see a link with the Wikipedia definition of "without expecting praise or reward": [76:8] *They donate their favorite food to the poor, the orphan, and the captive.* [76:9] *"We feed you for the sake of GOD; we expect no reward from you, nor thanks.*

While we expect nothing in return for kindness, God in His infinite mercy gives us worldly benefits for being kind. The research in psychology shows that it's good for our health to be kind.

[24:22] *Those among you who are blessed with resources and wealth shall be charitable towards their relatives, the poor, and those who have immigrated for the sake of GOD. They shall treat them with kindness and tolerance; do you not love to attain GOD's forgiveness? GOD is Forgiver, Most Merciful.*

God says to treat people with kindness and tolerance. And this is followed by how we love to attain God's forgiveness. This could mean different things. It may refer to the fact that charity (and good works in general) helps us wipe out or remit sins (2:271, 11:114). And it may also be that we have to forgive the annoying things a person does and still be kind and tolerant and charitable.

[2:263] *Kind words and compassion are better than a charity that is followed by insult. GOD is Rich, Clement.*

Perhaps we can step back and ask, "What is my test here?" Am I choosing the difficult path that God wants me to choose with being charitable and steadfast and kind? Am I setting an example where people can say, "Oh look that's how submitters act versus those who don't have the faith." And choosing God and pleasing God—we know will bring us happiness. While choosing to get annoyed and thinking about all the ways the world could act differently may not bring us peace of mind or happiness.

Speaking of peace of mind and happiness, research in psychology indicates that kindness is linked to happiness. And it's both charity and kind words and even watching others be kind or being the recipient of kindness. All of that leads to increased happiness and improved relations with others. Thank You God.

In this world, science is slowly catching up with the Quran. What does research

in psychology say about kindness? Let's look at some examples.

### Kindness boosts happiness

A 2019 paper reported on how people felt after performing or observing kind acts every day for seven days. Participants were randomly assigned to carry out at least one more kind act than usual for someone close to them, an acquaintance or stranger, or themselves, or to try to actively observe kind acts. Happiness was measured before and after the seven days of kindness. The researchers found that being kind to ourselves or to anyone else — yes, even a stranger — or actively observing kindness around us boosted happiness.

<https://www.health.harvard.edu/blog/the-heart-and-science-of-kindness-2019041816447>

**Positive psychology activities** (including Kindness, counting blessings, keeping a gratitude journal or doing gratitude visits) improves well-being and happiness and reduces depression up to 6 months after cessation of the "activity". A quote from one of the articles follows.

In the past two decades, the positive psychology movement has yielded an unprecedented growth of empirical investigations into advancing optimal human functioning and improving well-being (Fowler, Seligman, & Koocher, 1999; Lyubomirsky & Layous, 2013). At the forefront of this research is the examination of tools and techniques to enhance individual strengths and qualities and encourage positive mental health and happiness. This body of work has instigated the development of positive psychology activities (PPAs). A plethora of research has found that engaging in PPAs, including counting one's blessings (Froh, Sefick, & Emmons, 2008; Seligman, Steen, Park, & Peterson, 2005), gratitude visits/journals (Emmons & McCullough, 2003) and acts of kindness (Buchanan & Bardi, 2010), significantly increases

(Continued on page 4)

MASJID TUCSON United Submitters International

PO Box 43476 Tucson AZ 85733-3476 USA

Tel: (520) 323 7636

internet web site: [www.masjiduntucson.org](http://www.masjiduntucson.org)

e-mail: [info@masjiduntucson.org](mailto:info@masjiduntucson.org) (or: [masjiduntucson@gmail.com](mailto:masjiduntucson@gmail.com) )

ISSN 1089-053X

*Happiness is Submission to God Alone*

Keep up with history in the making. Subscribe now.

\$12/yr. U.S., Canada and Mexico, \$19/yr. overseas.

*(Continued from page 3)*

various outcomes of well-being and happiness and reduces depressive symptoms compared to control activities. Meta-analysis has demonstrated effectiveness for up to six months after intervention cessation (Sin & Lyubomirsky, 2009).

<https://www.tandfonline.com/doi/full/10.1080/17439760.2015.1037860>

#### **Kindness begets kindness**

Another study (where subjects assigned as “givers” practiced 5 acts of kindness over 4 weeks towards “receivers”) found that both givers and receivers benefited from kindness in the short-term and long-term. The study also observed that receivers were 2.5 times more likely to pay their acts of kindness forward compared to “controls” (people who were neither givers nor receivers).

<https://doi.org/10.1037/emo0000321>

#### **Kindness and giving makes you healthier and happier**

An article in the Greater Good magazine had the following to say about kindness:

Did you know that kinder people actually live longer, healthier lives? People who volunteer tend to experience fewer aches and pains. Giving help to others protects overall health twice as much as aspirin protects against heart disease. People 55 and older who vol-

unteer for two or more organizations have an impressive 44 percent lower likelihood of dying—and that’s after sifting out every other contributing factor, including physical health, exercise, gender, habits like smoking, marital status, and many more. This is a stronger effect than exercising four times a week or going to church; it means that volunteering is nearly as beneficial to our health as quitting smoking!

[https://greatergood.berkeley.edu/article/item/what\\_we\\_get\\_when\\_we\\_give](https://greatergood.berkeley.edu/article/item/what_we_get_when_we_give)

#### **Kindness makes us happy**

Other findings about kindness show that volunteering and helping others is associated with lower levels of both anxiety and depression.

The improvement in mental health outcomes was also seen in a particularly important group—teenagers. To once again quote from article in the Greater Good magazine:

... Adolescents who identify their primary motive as helping others are three times happier than those who lack such altruistic motivation. Similarly, teens who are giving are also happier and more active, involved, excited, and engaged than their less engaged counterparts. Generous behavior reduces adolescent depression and suicide risk, and several studies have shown that teenagers who volunteer

are less likely to fail a subject in school, get pregnant, or abuse substances. Teens who volunteer also tend to be more socially competent and have higher self-esteem.

To summarize, what do we learn from the research? I think it’s back to what 90:11-18 says. God has designed a system where **Happiness is Submission to God**. We see this with all the behaviors and commandments God tells us to practice in Quran—whether it’s being appreciative, being kind and charitable, suppressing anger, pardoning others, etc.

While the researchers did the research on whoever signed up, I feel the results may be stronger if the people were doing the activities out of a sincere desire to please God alone. Then there is also the consideration of eternal results or benefits, e.g., eternal happiness. Isn’t that what we all want?

So, to conclude, even when it may be a difficult choice, I need to try to remember God, be steadfast, and be kind in the way God wants me to be. So that on the Day of Judgment, I can be among those described in: [52:26] *They will say, “We used to be kind and humble among our people. [52:27] “GOD has blessed us, and has spared us the agony of ill winds. [52:28] “We used to implore Him; He is the Most Kind, Most Merciful.”*

Faiz